



# Pathways & Gardens

Volume 1, Issue 11  
October – November 2013

<http://www.edelweissgardenclub.com>

## Our Mission

- To stimulate the love gardening
- encourage home and community beautification
- promote better horticultural practices
- encourage all forms of conservation
- provide education and resources
- promote the programs of MGC and NGC



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## Gardening in the Fall



Advanced Master Gardener, Suzanne Stock will get us started on our fall garden work at the October Meeting. You can count on hearing a delightful presentation about how to get our gardens ready for winter. We always learn so much from Suzanne who is our #1 Keeper of Our Earth.

## Fall Community Garden Clean Up

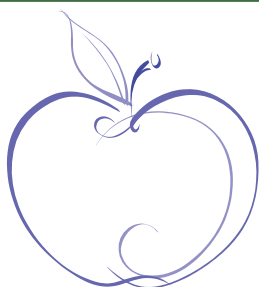
This year our garden clean up is scheduled for October 14 – 18, provided there is no killing frost before.

## Frost Warnings



At this time, AccuWeather.com for Gaylord has predicted that temperatures will dip to 33 degrees or lower beginning October 24th.

## A Visit to Friske Orchards and Farm Market



**EGC Field Trip:** Wednesday, October 16  
**Meet:** Wal Mart Parking Lot at 9:30  
**Address:** 10743 N. US 31 (in Atwood), Ellsworth 49729  
**Phone:** 231.599.2604 or 1.888.968.3554  
**Hours:** Wednesday: 8:00 am – 7:00 pm

### Friske Orchards' Highlights:

- Voted #1 U pick farm
- Seasonal farm fresh fruits, vegetables, organic meats, eggs, organic cheese and dairy, juice concentrates, nuts, dried cherries.
- Fresh pressed award winning apple cider blends, specialty foods, organic and gluten free products.
- Mouth-watering – "From Scratch" Menu
- Breakfast: 7:00 -11:00
- Lunch: Pizza, Panini's, wraps, salads, soups, famous BBQ pulled pork
- Bakery, General Store, Country Haus Gifts, seasonal items.

Contact Lois Kalis for additional information.

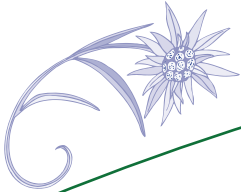
## Martha Stewart Plants Ahead

Interested in planting masses of colorful, spring-blooming daffodils? Check out the October 2013 edition of Martha Stewart's 'Living' magazine to learn how to install dozens, hundreds, or even thousands of bulbs. Armed with the right tools and a simple planting technique Martha claims anyone can grow massive drifts of colorful, spring-blooming daffodils in one afternoon. See page 137.

# Edelweiss Garden Club Green Sales

The National Garden Clubs, Inc. promotes the use of fresh plant material. Truly, decking our homes with these beautiful fresh wreaths and roping enhances the joy of the holiday season. Our Greens Sale provides the opportunity to share this delightful tradition with friends, relatives, neighbors, business associates. The approximately 340 units per year are made by our up north supplier, just in perfect time shipped and are dropped off for Pick Up Day where our Members assemble the classic bows and pine cones. The pine cones will be wired at the November 13th Greens Workshop to be held at the SPORTSPLEX, in the Yellow Room. We will start at 9:30. Please have your 75 red or white pine cones baked and ready to go! The Greens Sale Forms will be available for all Members at the October Business Meeting and on our website: [www.edelweissgardenclub.com](http://www.edelweissgardenclub.com) They can be copied and emailed to additional customers. The profit from our Green Sales is used to fund our club's operating procedures.

**All hands on board for this, all Members are expected to participate in our sales, wiring and Pick Up Day, November 23rd at the Sportsplex Entrance. My thanks to Pat Sitz and her committee for organizing this critical event!**



## Fall Clean up --- Can You Put It Off Until Spring?

To find the answer to that burning question, check out the "Best Time To Clean Up Perennials" Chart attached.

### **"Spring Fever is for Spendthrifts. For cheapskates, Fall's the Time to Garden."**

According to Jeff Yeager, the greencheapskate, fall is the best time of the year for all kinds of gardening activities. He recommends this time of the year as the best time for planting and transplanting trees, shrubs, and many perennials. He continues, it is the best time of the year to save a bushel of cash on gardening equipment and nursery stock. You can cash in on lawn mowers, weed trimmers and other lawn and garden equipment.

Yeager goes on to say that it pays to take care of your equipment. One of the many great uses of aluminum foil is to make a scrub pad out of it to remove dirt and rust from shovels, hoes, and many other metal gardening tools. He recommends when you are done scrubbing them, sharpen your pruners and other gardening sheers by simply cutting through the aluminum foil scouring pad a few times. Oil all metal surfaces on your tools, used motor oil works fine for that. Then finish with putting the cutting end of your garden tool in a plastic bag along with a couple of pieces of leftover summer charcoal to keep tools from rusting.

Another fall idea from Yeager is to build a compost pile and mulch. Jeff recommends building a compost pile to provide a receptacle for all the leaves, pumpkins and other yard debris that need to be raked before winter. A simple compost pile can be made by staking up a hoop of chicken wire about 3 feet high, allow for circulation. Mulching garden beds in the fall with straw, wood chips, compost, helps to retain ground moisture and protects the plants..

And lastly, not only is fall the best time to plant springtime plants and vegetables, trees shrubs but many perennials and vegetables can be divided. The benefits of dividing mature plants are great -- it makes them healthier, the cost of new plants is nothing more than a little light labor. Research to find the appropriate plants and how to divide. The steps include: water thoroughly, dig out entire plant, root ball intact, pull apart with either a pitch fork, shovel or other sharp tool, replant immediately, water again.



[www.thedailygreen.com/living-green](http://www.thedailygreen.com/living-green)



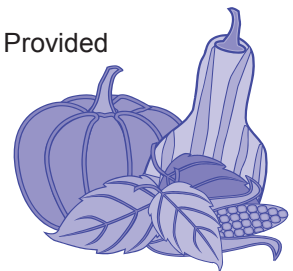
## October / November Calendar

### October

- 01 ..... Landscape Design School, Ann Arbor, contact: [marypulick@gmail.com](mailto:marypulick@gmail.com)
- 09..... October Business Meeting, 10:25 Yellow Room, Sportsplex, Christmas Luncheon Information Provided
- 11 .....Charlevoix Bulb and Gift Sale, Applefest
- 14-18 .....Community Gardens Clean Up
- 16 .....Friske Farm Field Trip, 9:30 departure from Wal Mart

### November

- 13.....Greens Workshop, Yellow Room, Sportsplex, 9:30, bring pine cones
- 23 .....Greens Sales Pick Up Day, Sportsplex, 8:00-4:00 p.m., at your sign up time.
- 28 ..... HAVE A WONDERFUL THANKSGIVING !





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Attachment

## BEST TIME TO CLEAN UP PERENNIALS

Plant Name	Height/ Width	Cold/Heat Zones	Fall Cleanup	Spring Cleanup	Reasons
Amsonia <i>Amsonia tabernaemontana</i>	2-3 ft./2-3 ft.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Protect crown; wear gloves as plant may irritate skin
Artemisia <i>Artemisia ludoviciana</i>	18-36 in./18-36 in.	4-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Protect new growth until danger of frost is past
Barrenwort <i>Epimedium</i> spp. and hybrids	4-18 in./12-18 in.	4-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Evergreen in zones 7 and warmer; trim very early in spring
Bearded iris <i>Iris</i> hybrids	8-40 in./18-24 in.	3-10/10-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Prevent overwintering iris borers and fungal disease
Bee balm <i>Monarda didyma</i>	10-48 in./12-60 in.	4-9/9-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Dispose of leaves to avoid spreading powdery mildew
Bergenia <i>Bergenia</i> spp. and hybrids	8-24 in./12-24 in.	3-10/10-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Evergreen leaves add winter interest
Blackberry lily <i>Iris domestica</i>	12-24 in./9-24 in.	5-10/10-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Cut leaves to avoid overwintering borers; pretty seedheads
Black-eyed Susan <i>Rudbeckia fulgida</i>	24-36 in./12-24 in.	4-9/9-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Reseeds but seedheads feed birds
Blanket flower <i>Gaillardia x grandiflora</i>	12-36 in./12-24 in.	3-10/10-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Reseeds but seedheads feed birds
Blue fescue <i>Festuca glauca</i>	8-12 in./12-18 in.	4-8/8-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Foliage may brown in winter in zones 4 and 5
Brunnera <i>Brunnera macrophylla</i>	12-18 in./12-24 in.	3-9/9-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Frost turns foliage black; big leaves inhibit spring growth
Burnet <i>Sanguisorba</i> spp.	24-72 in./12-24 in.	3-9/9-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Plant flops and sprawls in fall; clean up as needed
Cardinal flower <i>Lobelia cardinalis</i>	24-48 in./12-24 in.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Leaves and stem protect crown in winter
Coneflower <i>Echinacea</i> spp. and hybrids	18-48 in./12-36 in.	3-9/9-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Reseeds but seedheads feed birds
Coral bells <i>Heuchera</i> spp. and hybrids	6-24 in./10-36 in.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Some have colorful fall and winter foliage
Daylily <i>Hemerocallis</i> hybrids	12-40 in./9-36 in.	3-10/10-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Some are evergreen; dead foliage easy to remove in spring
Dianthus <i>Dianthus gratianopolitanus</i>	6-12 in./6-12 in.	4-8/8-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Remove any winter-damaged leaves in early spring
Foamflower <i>Tiarella</i> spp. and hybrids	2-18 in./6-36 in.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Leaves may change color in fall and last through winter
Garden mum <i>Chrysanthemum</i> hybrids	12-36 in./12-24 in.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Winter interest; foliage helps protect crown
Garden phlox <i>Phlox paniculata</i>	12-48 in./12-36 in.	4-9/9-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Prevent spread of fungal disease
Globe thistle <i>Echinops ritro</i>	24-36 in./18-24 in.	3-8/8-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Self-sows but seeds feed birds; foliage is winter protection
Hardy hibiscus <i>Hibiscus moscheutos</i>	2-12 ft./1-4 ft.	4-10/10-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Plants emerge in late spring; leave 6 in. of stem as a marker
Hellebore <i>Helleborus</i> spp. and hybrids	12-36 in./12-36 in.	4-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Evergreen foliage; flower buds start forming in fall
Japanese anemone <i>Anemone</i> hybrids	24-60 in./12-36 in.	4-8/8-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Foliage blackens but hummingbirds use seedheads in nests
Japanese sedge <i>Carex morrowii</i> hybrids	9-18 in./18-24 in.	5-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Evergreen in zones 7 to 9; some are colorful
Jupiter's beard <i>Centranthus ruber</i>	18-36 in./24-30 in.	5-8/8-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Reseeds but foliage at base adds winter interest
Lamb's ear <i>Stachys byzantina</i>	8-12 in./12-18 in.	4-8/8-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Evergreen in zones 6 to 8; leaves disintegrate over winter
Ligularia <i>Ligularia dentata</i>	24-48 in./18-36 in.	3-8/8-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Frost turns foliage an unattractive black color
Maiden grass <i>Miscanthus sinensis</i>	1-12 ft./1-6 ft.	4-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Winter interest
New England aster <i>Aster novae-angliae</i>	1-6 ft./2-3 ft.	3-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Long-lasting structure all winter
Penstemon <i>Penstemon barbatus</i>	8-48 in./6-36 in.	4-9/9-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Foliage can hold moisture in crowns
Peony <i>Paeonia lactiflora</i>	18-48 in./24-48 in.	3-8/8-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Prevent spread of any fungal disease
Russian sage <i>Perovskia atriplicifolia</i>	36-60 in./24-48 in.	5-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Leaves and stem protect crown in winter
Salvia <i>Salvia x sylvestris</i>	18-24 in./15-18 in.	4-9/9-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Protect the crown
Shasta daisy <i>Leucanthemum x superbum</i>	10-48 in./12-36 in.	4-9/9-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Cut down flower stem; basal leaves stay green
Solomon's seal <i>Polygonatum</i> spp.	6-84 in./10-16 in.	3-9/9-1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May reseed vigorously; cut back after leaves yellow
Tall sedum <i>Sedum</i> hybrids	9-24 in./12-24 in.	3-10/10-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Foliage drops off in fall; flowerheads attractive all winter
Turtlehead <i>Chelone</i> spp.	24-36 in./12-24 in.	3-9/9-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Self-sows but fallen foliage improves winter survival
Yarrow <i>Achillea</i> spp. and hybrids	6-48 in./12-24 in.	3-10/10-1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Leaves may get mushy but flowerheads add winter interest